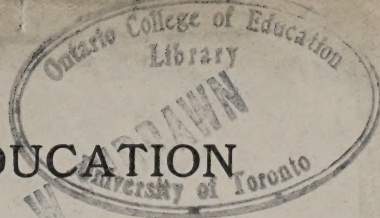


Circular 42,  
12,000—March, 1912.



# THE DEPARTMENT OF EDUCATION

CO-OPERATING WITH

THE UNIVERSITY OF TORONTO

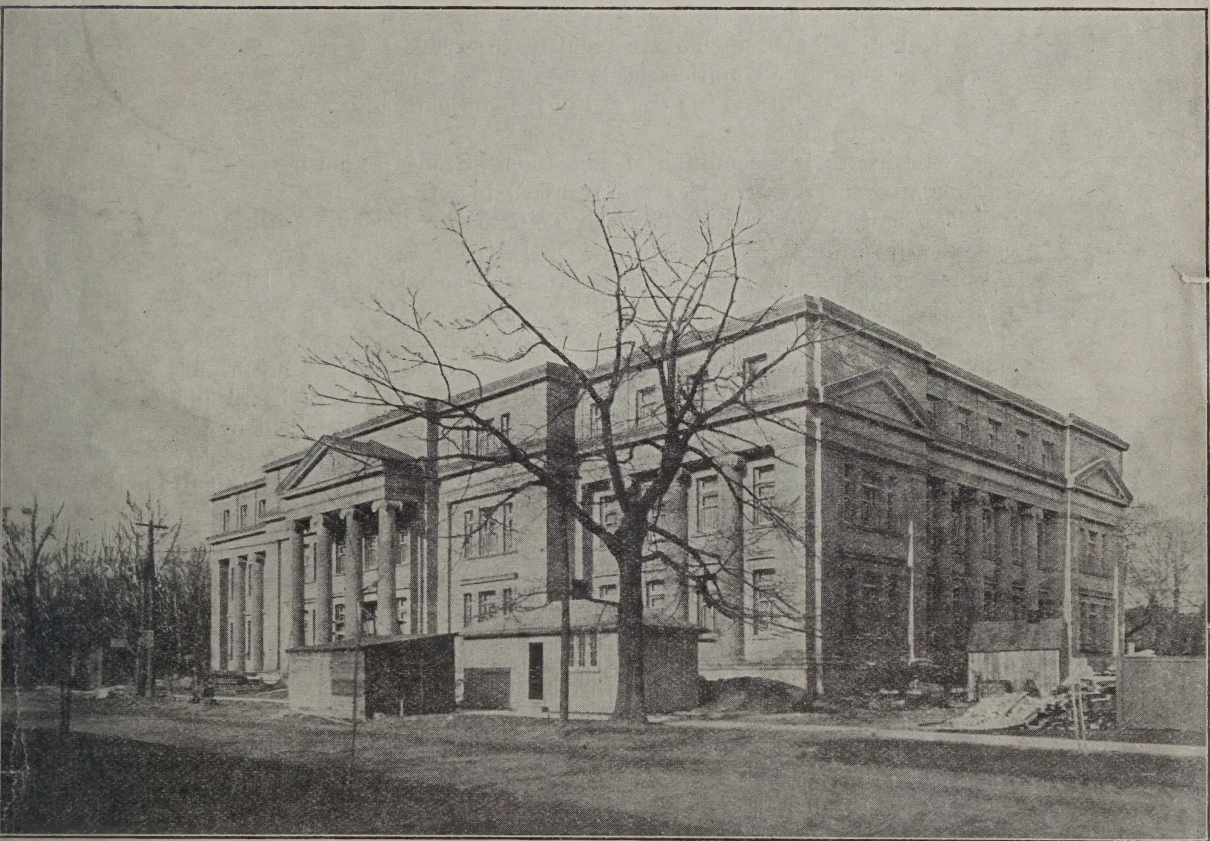


## Normal Teachers' Courses in Household Science

AT THE

UNIVERSITY OF TORONTO

April 20th to June 27th, 1912



Massey-Treble Household Science Building

PRINTED BY ORDER OF

THE LEGISLATIVE ASSEMBLY OF ONTARIO

TORONTO

Printed and Published by L. K. CAMERON, Printer to the King's Most Excellent Majesty

1912.

# UNIVERSITY OF TORONTO

---

## Normal Teachers' Training Course

1912

---

### ELEMENTARY HOUSEHOLD SCIENCE

#### FACULTY OF INSTRUCTION

The instruction given will be in the Massey-Treble Household Science Building of the University of Toronto, under the supervision of Miss Laird, Associate Professor of Household Science. The course will last for ten weeks, from April 20th to June 27th.

#### REGULATIONS AND INSTRUCTIONS

This course is provided for Grade A students of the Normal Schools who are successful in passing the April examination, and who intend to teach classes in Elementary Household Science as part of the course of study in rural and village schools.

Applicants for admission are required to pledge themselves to three years' teaching in the Ontario schools (see form of application). Applications are to be handed to the Principal of the Normal School not later than March 21st.

Good health is a condition of admission. Students showing signs of tubercular or nervous troubles will be asked to retire.

Teachers should arrange to reach Toronto on Friday, April 19th; classes will be organized on Saturday morning at 9 a.m. The Avenue Road, Belt Line, and Dupont Street cars may be taken to the building, which is situated on the corner of Bloor Street and Queen's Park.

No fees will be charged for the course. The Department of Education will pay the railway travelling expenses of the teachers-in-training (see below) and will allow \$4.00 per week towards the cost of board and lodging. A list of boarding houses will be supplied to each student by the Department along with the card of admission. To secure the foregoing allowance, a certificate of regular attendance signed by Miss Laird will be required by the Department. For residents of Toronto no such allowances will be made.

A *standard railway certificate* should be secured from the ticket agent on the purchase of a single first-class ticket to Toronto. On arrival at Toronto the certificate should be deposited with Miss Laird on the first opportunity. At the close of the term, return tickets will be issued by the railways at one-third of the first-class rate with an additional 25c. for viséing the certificate. A teacher will be allowed for travelling expenses one and one-third times the first-class railway fare from her home with the additional charge for viséing. Charges for sleepers, meals and baggage transfers will not be allowed.

## CERTIFICATES

Certificates in Elementary Household Science, valid in the rural and village Public Schools, will be granted to those students whose work, as represented by regular attendance, laboratory and other practice, and final and other examinations, shows satisfactory progress and ability to teach Household Science in the schools. Students whose work or conduct is unsatisfactory at any time during the session will be asked to retire.

NOTE.—For particulars regarding special grants to teachers and school boards in connection with the teaching of Elementary Household Science, Manual Training, and Agriculture and Horticulture, see the Regulations therefor, which will be sent on application to the Deputy Minister of Education, Toronto.

### CHARACTER AND REQUIREMENTS OF THE COURSE

The object of the course is to enable the teacher to give instruction in Elementary Household Science in schools which have not a fully equipped department. The instruction is adapted to the needs of the rural school pupil. It should be understood, however, that this course does not provide a full training in Household Science.

The instruction is given by means of lectures and laboratory work and is scientific and practical. The classes are held every week day except Saturday, from 9-12 a.m. and from 2-4 p.m.

Students are required to provide themselves with plain white aprons for work in food laboratories. Dark ones may be worn in household management classes.

A deposit fee of one dollar (\$1.00) is required of each student. This amount, minus the cost of equipment destroyed, will be returned at the end of the term.

### COURSE OF STUDY

#### *Foods and Their Preparation*

(Three hours a day)

This course includes an elementary study of foods, the methods of applying heat, the effect of different temperatures on the individual food principles and the cooking of these alone and in combination (vegetables, cereals, fruits, meats, eggs, milk, cheese), the action of leavening agents and the making of batters and doughs. Practice will also be given in planning and preparing simple meals.

#### HOUSEHOLD MANAGEMENT

(Two hours a day)

The House: Planning, furnishing, heating, lighting, ventilation, disposal of waste, etc.

A study of cleansing agents and methods of using them with practical applications in care of room of the house, utensils, linen, etc.

Home Care of the Sick and Emergencies: Care and disinfection of sick rooms, making of beds, making of poultices, immediate treatment of every day injuries, simple bandaging, etc.

## FORM OF TEACHER'S CONTRACT WITH THE DEPARTMENT OF EDUCATION, ONTARIO

---

In consideration of my having received a free course of instruction at the University of Toronto in Elementary Household Science, I hereby agree (health permitting) to teach in the Public or Separate Schools of Ontario for a period of three years, and to give instruction, as far as circumstances permit, along the lines of my special training. In case of my failure to fulfil any part of this agreement I undertake to reimburse the Department of Education for the expense incurred in this course to the extent of \$15.00 for each year of the contract unfulfilled, and proportionally for any fraction of a year.

.....  
Teacher.

.....  
Witness.

Dated at.....

.....day of....., 191

75397